Effective Community-Based Responses to Mental Health Crisis: A National Curriculum for Law Enforcement Based on Best Practices from CIT Programs Nationwide

40-hour Curriculum Matrix | Based on University of Memphis CIT Matrix

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00	M1 Administrative Tasks: Welcome	M8 Mental Health Basics: Neurodevelopmental & Neurocognitive Disorders	M10 Mental Health Basics: Disorders in Children, Youth, & Adolescents	• M16 Mental Health Basics: Suicide	M20 Community Support: Veterans &
8:30	M2 Research & Systems: CIT Overview				Homelessness
9:00		M9 Mental Health Basics: Psychopharmacology	M11 Mental Health Basics: Disruptive, Impulse-Control, & Conduct Disorders		
9:30					
10:00	M3 Community Support: Culture & Mental Health	Site Visits	M12 Mental Health Basics: Personality Disorders	M17 Law Enforcement: Policies & Procedures	M21 Managing Encounters: Scenario-
10:30					Based Skills Training
11:00	M4 Mental Health Basics: Depressive Disorders		M13 Mental Health Basics: Post-Traumatic Stress Disorder	M18 Law Enforcement: Liability & Other Issues	
11:30					
12:00	Administrative Tasks: Lunch				
12:30					
1:00	M5 Mental Health Basics: Bipolar Disorder, Psychotic Disorders, & Schizophrenia		M14 Community Support: Local Resources	M19 Managing Encounters: Scenario- Based Skills Training	M22 Law Enforcement: Incident
1:30					Review
2:00					M23 Community Support: Special Topic
2:30	M6 Mental Health Basics: Substance- Related and Addictive Disorders M7 Mental Health Basics: Assessment, Commitment, and Legal Considerations				
3:00			M15 Managing Encounters: Scenario- Based Skills Training		
3:30					M24 Research & Systems: Evaluation
4:00					M25 Administrative Tasks: Graduation & Presentation of Certificates
4:30					
5:00	Administrative Tasks: Dismiss				